

STANWAY
TOTEM

Stanway Totem Walking Art Activity Pack

**Creative projects for you to
complete in and around Stanway**



PARISH COUNCIL



**THE PUBLIC
ART COMPANY**

Stanway Totem Walking Art Activity Pack

What

Welcome to the Stanway Lakelands Centre Totem Art Pack! Created to celebrate the opening of the new Stanway Lakelands Community Centre.

In this pack you will find art projects to do at home and in Stanway - to help you learn more about your location and take part in our Totem project.

About/Who

The Stanway Totem is a public art commission on the site of the forthcoming new community facility located on the Stanway Western Bypass.

This spring/summer Stanway plays host to its very own walking arts event. Consisting of a number of free events, community engagement and an open day for all to attend, we will be honing in Stanway, its local history, nature and arts to create events to which everyone is invited!

The project is being run by artist and walking trail designer Sara Hayes from The Public Art Company, in association Stanway Parish Council, Colchester Borough Council and Colchester Amphora Trading Ltd., who will also be designing a totem art installation for Stanway.

Name & Address*

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We will engage with residents, local schools and community groups. through a series of free events, workshops and walkshops which celebrate the opening of the new centre.

Where

You can do the projects in this pack out and about in Stanway, or from your home if you're unable to get outside.

All the projects and ideas are related to the Totem and Stanway.

Send your artwork to us...

Send your completed artworks to us by taking a pic and using the hashtags:
#StanwayTotem #StanwayLakelandsCentre

Alternatively print out your pack, complete it and and post it to us at: **Stanway Totem, Stanway Parish Council, Victory Hall, Villa Road, Stanway, Colchester, Essex. CO3 0RH**

Remember to write your name and address below, or on the back of your pages if you would like your artwork returned.

Some of your artwork may form part of our exhibition for the lunch of the Stanway Lakelands Centre!

Credits

Design - Sara Hayes, Artist, The Public Art Company

Research & Content - Filipa Chambel, Social Media Assistant, The Public Art Company

Bird Info - Steve Grimwade, Swallow Birding

St Albrights, Junk Model Farm & Stanway Carnival Projects - Joanne Jeffery, Children and Families Pioneer, St Albrights and Church Without Walls

**Optional, please note our artist has an up to date police DBS certificate, information will only be used to return artwork and will not be stored digitally.*

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What is a Totem?

What is a totem?

What do we mean when we say 'Stanway Totem'? A totem is a tall sculptural wayfinding device which is not only creative but helps people to navigate and find a space. This can be especially useful when it's a new location, as it helps to create a descriptive navigation aid to people in the location.

We are currently researching materials and ideas for our own totem, but here are some very famous totems that you may recognise...



Antony Gormley - 'Angel of the North'



Anish Kapoor - 'Orbit Tower',
London Olympics

Pics credit: Wikipedia

Design a 2D Stanway Totem

Create your own 2D totem with found objects:



Select some items



Arrange them into a Totem shape



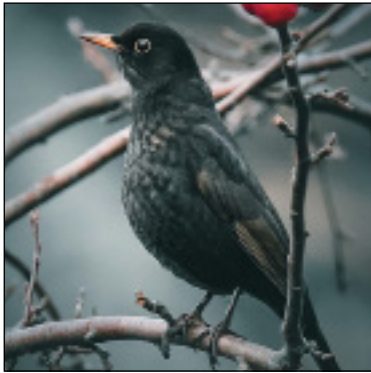
Draw around your items, remove the items and fill in with patterns and shapes, or add another layer of smaller items and draw around them in a different colour

Wildlife - Birds of Stanway

Stanway has excellent habitat for birds, the open grassland and natural areas make an ideal place to spot them. The term Twitcher originated in the 1950's and referred to the nervous excitement of birdwatchers who often travelled miles to see rare birds.

Fill in our bird spotting card below, either in your garden, or when you are next out on a walk.

Twitchers Card



Bird Name:
Blackbird
Location Spotted:

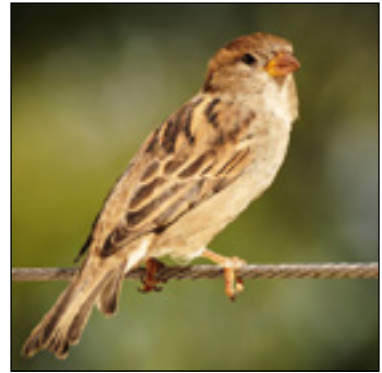
Date:



TIP
See & hear on
footpaths around
Warren Lane
fields

Bird Name:
Skylark
Location Spotted:

Date:



Bird Name:
House Sparrow
Location Spotted:

Date:



TIP
They have
white heads
in winter!

Bird Name:
Black Headed Gull
Location Spotted:

Date:



Bird Name:
Blue Tit
Location Spotted:

Date:



**RARE
FIND**

Bird Name:
Barn Owl
Location Spotted:

Date:

Roman History of Stanway

Do you know the origin of the name 'Stanway'?

As you might know, Colchester was the capital of Roman Britain during the Roman Empire.

The Romans were known for building several paved roads connecting the cities they conquered.

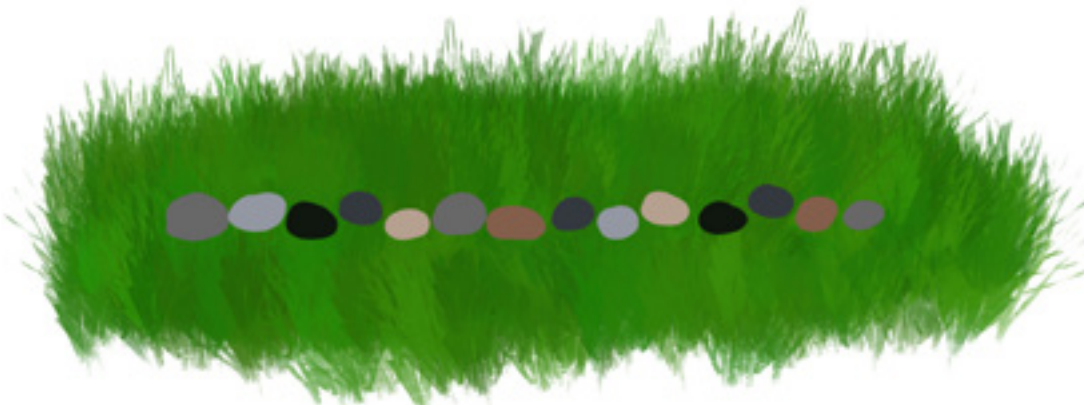
'Stanway' is an Anglo-Saxon name derived from 'stone way' or paved road, that the Romans used to head westward from Colchester, now the A12!



Create your own 'Stone-Way'!

Think about a walk or a path you take often. Now, next time you are there, find a stone and position it in a place you can remember.

When you pass by that place another day, put another stone you found in front of it. Little by little you will be constructing your own 'Stone-way' and you will be able to know how many times you have been there just by counting the stones!



Stanway Mill & John Constable

Who was Constable?

Constable is considered one of the greatest British landscape painters. Born in 1776, in East Bergholt, Suffolk, Constable loved nature and the English countryside was the main subject of most of his paintings.



The Stanway Mill

In the 1830s, Constable produced some images picturing rural England that featured a mill. The pictures below are two of those images and you can see the mill pictured from both sides. This mill has since been identified as the Stanway Mill, which no longer exists.

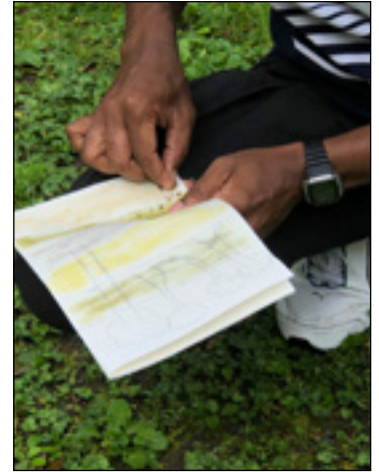
In both artworks, Constable uses sombre tones in the sky that contrast with blue to depict the effect of the weather. The diagonal strokes in the direction of the mill sails and the movement of the trees and bushes tells us that it must have been pretty windy when Constable was painting the scene.



Drawing with Natural materials

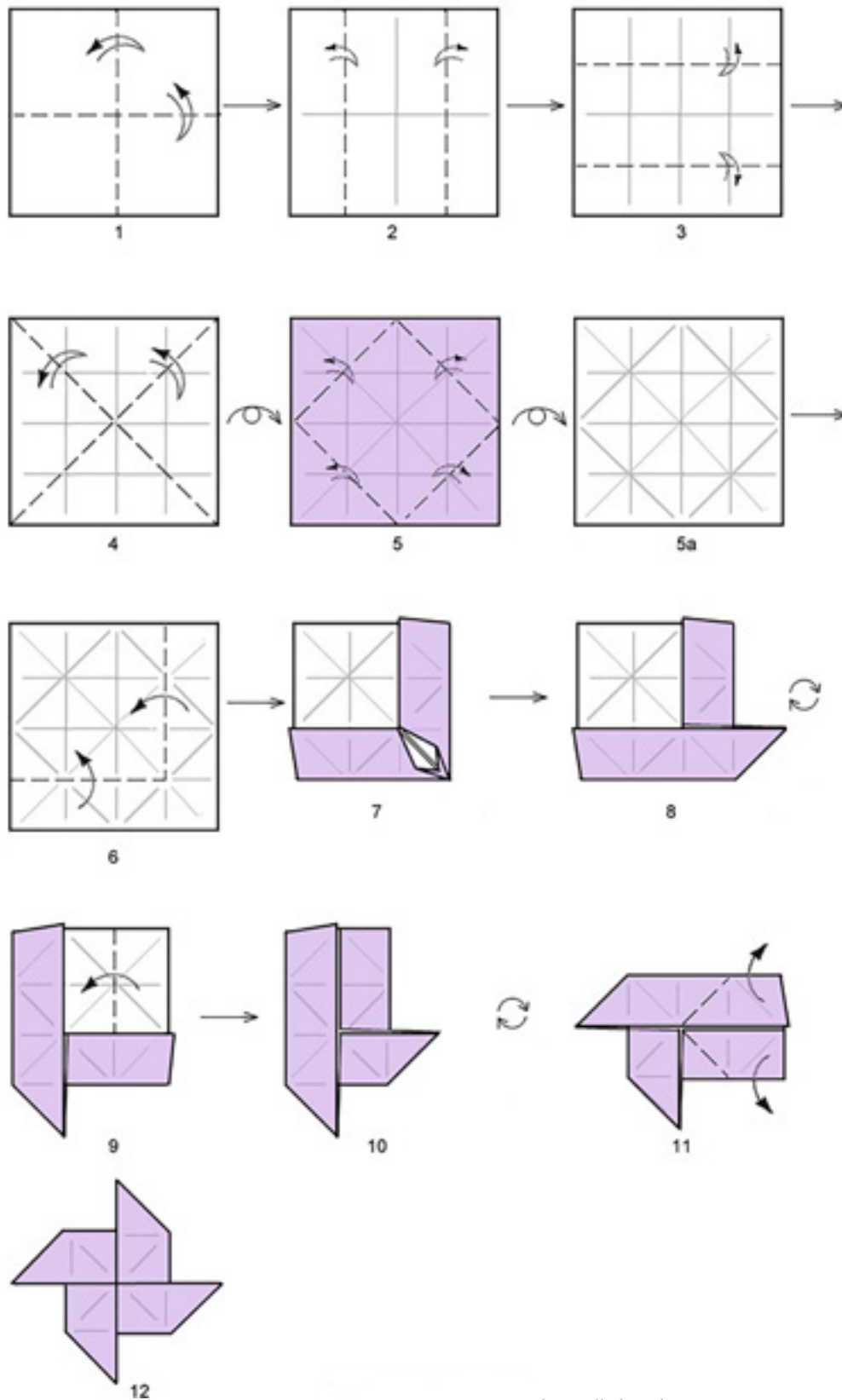
Do you think you can depict the weather like Constable did, but using natural found materials?

Not got any coloured pens? Not a problem, try using grass, petals mud and charcoal to make marks... see what colours you can find! To finish, draw the detail in afterwards with a biro.



Make a Stanway Windmill

Use recycled paper, or paint some paper and make your own Stanway Windmill using this paper folding technique.



<https://origami-resource-center.com/windmill-base/>

St Albrights Church



On the Pilgrims Trail

Pilgrims used to stop for rest and refuge in St Albrights Church when travelling from London to Walsingham.

What footprints can you spot around Stanway? Where were the people or animals going? Where had they come from? Can you draw the footprints below?



Stanway Carnival



Design a Float!

There used to be yearly carnivals in Stanway with colourful floats.

Can you design a carnival float for Stanway? - It could be zoo themed, farm themed, Stanway Rovers football etc.



Junk Model Farm

Art from Found Objects

Stanway has lots of farmland. Farming has always been a big part of community life with pigs, cows, sheep and crops.

Can you make a junk model farm? What animals and crops will you have? Maybe you can make some animals and add them in.



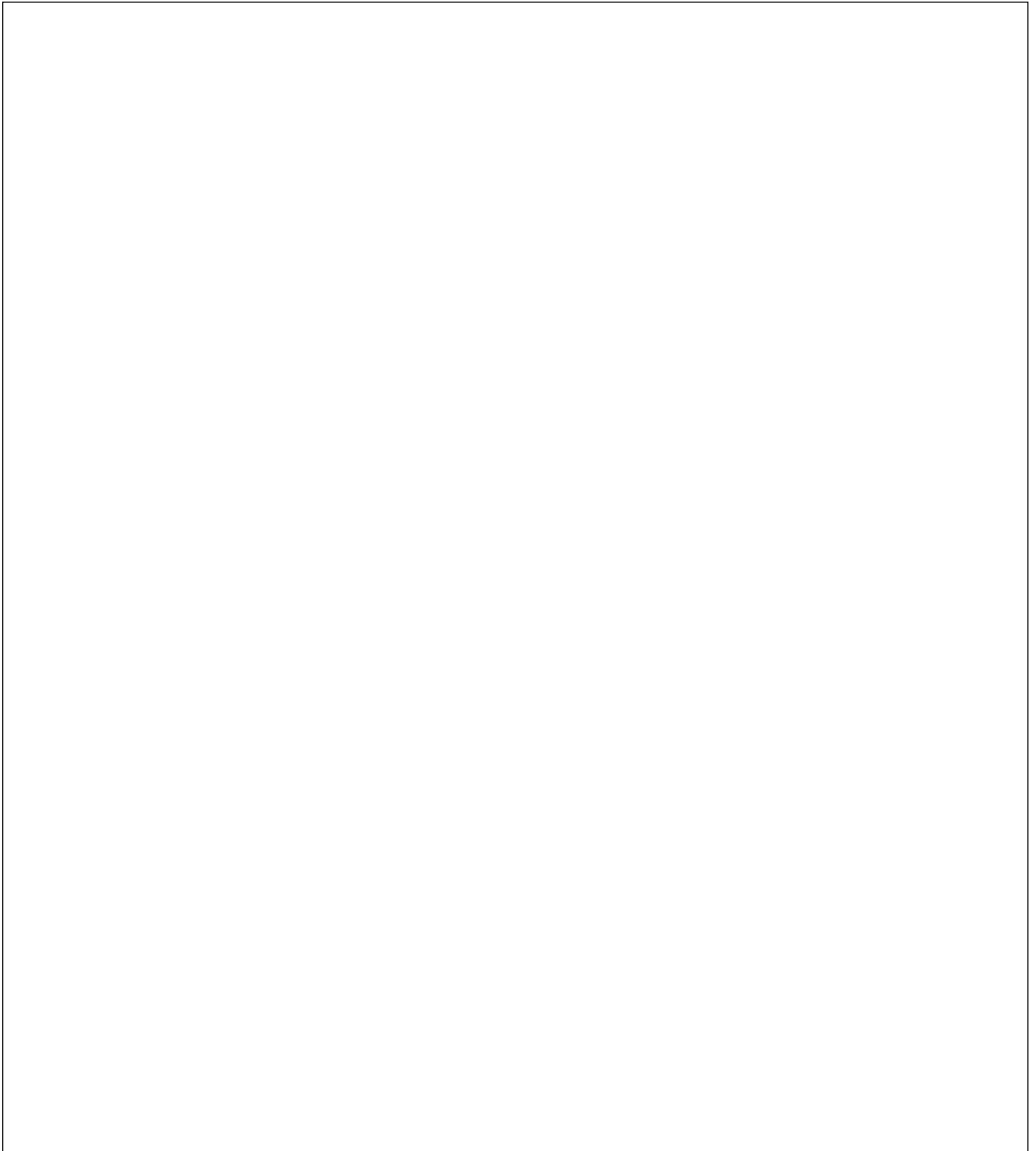
Some found objects we collected on a recent walk!



Stanway Walk Map

Whats your favourite walk in Stanway?

From school to sports? Around the nature area at the weekend? To the shops? Draw a map of your favourite walk, think about some of the things you see on route, it doesn't have to be accurate or to scale! Just think about the things you see and jot them down with a pen or pencil.



Send us your finished pack - remember to write your name and address on it if you would like it returned!